



4th TURIN ACRO CUP TRAINING SCHEDULE



WEDNESDAY 6 th JULY 2016		
Team (N° Routines)	Warm-up area (30')	Competition floor (90')
SGG Torino (19)	16:30 - 17:00	17:00 - 18:30
Horsham GC (10) - Masters GC (1) - Uzbekistan (10)	18:00 - 18:30	18:30 - 20:00
KS Piramida Rzeszów (8) - MKS Polonia Swidnica (2) - US Villanovese (4) - TV Ebersbach (6)	19:30 - 20:00	20:00 - 21:30

THURSDAY 7 th JULY 2016			
Team (N° Routines)	Warm-up area (30')	Training floor (60')	Competition floor (60')
US Villanovese (4) - Normanton SA (1) - KS Piramida Rzeszów (8) - MKS Polonia Swidnica (2) - Masters GC (1)	10 - 10.30	10.30 - 11.30	11.30 - 12.30
Uzbekistan (10) - Horsham CG (10)	11 - 11.30	11.30 - 12.30	12.30 - 13.30
SGG Torino (19)	12 - 12.30	12.30 - 13.30	13.30 - 14.30
TV Ebersbach (6) - VFL Sindelfingen (5) - Nuovo Incontro (3)	13 - 13.30	13.30 - 14.30	14.30 - 15.30
Harriers (12)	14 - 14.30	14.30 - 15.30	15.30 - 16.30
Southampton GC (14) - CAGI (3)	15 - 15.30	15.30 - 16.30	16.30 - 17.30
Ferencvárosi Torna Club (1) - E.Co (5) - Vignate (8)	16 - 16.30	16.30 - 17.30	17.30 - 18.30
Acro Geneva (9) - TSV Friedberg (12)	17 - 17.30	17.30 - 18.30	18.30 - 19.30
USA Krems (9) - NSW Akro Team (2) - US Villanovese (3)	18 - 18.30	18.30 - 19.30	19.30 - 20.30
Tolworth (3) - Tigers AG (6) - CS Corsico (8)	19 - 19.30	19.30 - 20.30	20.30 - 21.30

FRIDAY 8 th JULY 2016			
Team (N° Routines)	Warm-up area (30')	Training floor (60')	Competition floor (60')
Kaliningrad (10) - SG Funtastic Gym (4) - Health Gym (6) - CG Firenze (1)	9:30 - 10:00	10:00 - 11:00	11:00 - 12:00